

# Starters

GARLIC BREAD V ..... \$6.00

Thick slices of French stick smothered in garlic butter & oven baked  
Add Cheese \$1.00  
Add Bacon \$2.00

BRUSCHETTA BREAD V ..... \$7.50

Garlic bread oven baked then topped with finely chopped tomato, onion & basil finished with shaved parmesan & balsamic glaze

CRUMBED CALAMARI ..... \$12.95

Crumbed calamari rings fried golden served with chips, salad & tartare sauce

SOUP OF THE DAY ..... \$6.50

Served with a bread roll

# Salad

GARDEN SALAD V GF ..... \$12.50

Crisp mixed salad leaves, onion, capsicum, cucumber & tomato  
Add Chicken GF \$3  
Add Crumbed Calamari \$5  
Add Prawn Cutlets \$6  
Add Tofu \$3

THAI BEEF & CRISPY NOODLE SALAD ..... \$16.50

Thinly sliced marinated beef over a Thai style salad with crispy fried noodles & chili lime dressing

V Option (replace beef with tofu) \$15

MEDITERRANEAN SMOKED SALMON & AVO SALAD GF ..... \$18.00

Garden salad with olives, capers, feta & avocado topped with smoked salmon & drizzled with balsamic glaze

# Pasta

SPINACH & RICOTTA CANNELLONI V ..... \$14.95

Cannelloni tubes filled with spinach & ricotta topped with tomato Napoli sauce & cheese, baked fresh to order & served with salad

BEEF & RICOTTA LASAGNA ..... \$15.95

Pasta sheets layered with a rich tomato Bolognese, ricotta béchamel & cheese, oven baked & served with salad

PASTA ALFREDO V ..... \$13.95

Sautéed spinach & mushrooms in a creamy garlic & chive sauce tossed with fettuccine pasta & finished with parmesan cheese  
Add Bacon \$2  
Add Chicken \$3  
Add Prawns \$6  
Add Scallops \$7

# Mains

SMOKEY BBQ GLAZED RACK OF USA PORK RIBS ..... \$31.00

Served with sweet potato chips, house made slaw & sour cream

CHICKEN & BACON ROASTED CAPSICUM ROULADE GF ..... \$20.95

Rolled chicken breast filled with roasted capsicum, rolled in bacon & oven baked. Served with smashed chats, broccolini & herb salsa

MOROCCAN SPICED LAMB SHANK & COUSCOUS ..... \$22.95

Tender lamb shank braised in a rich tomato based Moroccan spice sauce served on a bed of almonds, dried apricots & vegetable couscous, finished with a minted yoghurt

MILD TO WILD PRAWN & SCALLOP STIR-FRY ..... \$21.95

Prawns & scallops pan fried with chili, ginger, garlic & Asian vegetables in sweet soy & oyster sauce served on coconut rice

POACHED ATLANTIC SALMON FILLET GF ..... \$26.00

Atlantic salmon poached in a lemon caper, herb butter sauce served on mash & broccolini

COCONUT CURRIED PRAWNS GF ..... \$22.95

Pan fried prawns & vegetables in a mild coconut curry sauce served on coconut rice

ROASTED CASHEW SATAY CHICKEN ..... \$19.95

Boneless chicken pieces marinated in a spicy satay sauce char grilled & served on coconut rice, with Thai salad & pineapple & mint salsa

## Kids

## MENU

For children under 12.

Includes activity pack,  
7oz soft drink & stick ice-cream

• FETTUCCINE  
CARBONARA

• CHICKEN NUGGETS  
CHIPS & SALAD

• 150G RIB FILLET WITH  
CHIPS & SALAD \$12.50 GF

• HAM & PINEAPPLE  
PIZZA & CHIPS

• CRUMBED FISH WITH  
CHIPS & SALAD

\$10.00

# Sandals

## BISTRO

TUESDAY - SUNDAY

Dinner Menu

Sun - Thur 6pm to 8pm

Fri - Sat 6pm to 8:30pm

Please let our Staff know if you have any dietary requirements

GF **Gluten Friendly option on request**

V **Vegetarian option**



sandhills  
SPORTS CLUB

From The Grill

Served with your choice of sauce and two sides

RIB FILLET 300g 	\$28.95
RUMP 400g 	\$26.95
CHICKEN BREAST 	\$16.95

Sides 

STEAMED VEGETABLES OR SALAD	S \$2.50	L \$5.00
CHIPS	S \$3.00	L \$6.00
MASHED POTATO	S \$2.50	L \$5.00
SWEET POTATO CHIPS	S \$3.50	L \$6.50

Sauces 

GRAVY, MUSHROOM GRAVY, CREAMY PEPPER, BACON DIANNE & CREAMY GARLIC

Toppers

CRUMBED PRAWN CUTLETS	\$6.00
CRUMBED CALAMARI RINGS	\$5.00
HALF AVOCADO & BACON 	\$4.00

Classics

CHICKEN SCHNITZEL	\$16.95
Chicken breast schnitzel served with your choice of 2 sides & sauce Add Parmy Topper – Napoli Sauce, Ham & Cheese \$2.50	
BEER BATTERED FLATHEAD	\$18.50
Fried golden & served with chips salad & tartare sauce	
FISHERMAN'S TUCKERBOX	\$21.95
Beer battered flathead, crumbed prawn cutlets & calamari rings fried golden & served with chips, salad & tartare sauce	
CHICKEN KIEV	\$18.95
Crumbed chicken breast filled with garlic butter, fried golden & served with chips & salad	
CRUMBED CALAMARI	\$16.95
Crumbed calamari rings fried golden served with chips, salad & tartare sauce	

Burgers

CHICKEN SCHNITZEL BURGER	\$12.00
Chicken schnitzel, lettuce, tomato, slaw, cheese & mayo on a toasted bun	
BEEF BURGER	\$14.00
180g beef pattie, lettuce, tomato, beetroot, cheese, BBQ sauce & grilled onion on a toasted bun	
STEAK BURGER	\$15.00
Char grilled 150g rib fillet, lettuce, tomato, beetroot, cheese, BBQ sauce & grilled onion on a toasted bun	
ADD CHIPS	\$2.00
ADD BACON	\$2.00
ADD EGG	\$1.50



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